

Nature's FINEST

CERTIFIED ORGANIC



Lively Living Essential Oil Information



Home Essentials Trio

- 1x Fresh Home Blend 10ml
- 1x Calm & Unwind 10ml
- 1x Sweet Orange 10ml



Wellness collection Trio

- 1x Immune Boost Organic 10ml
- 1x Breathe Organic 10ml
- 1x Grapefruit 10ml



Core Collection

- 1x Frankincense Organic 10ml
- 1x Lavender Organic 10ml
- 1x Orange Organic 10ml



Bambino Essentials

- 1x Child Calming Remedy Organic 10ml
- 1x Sensitive Child Organic 10ml
- 1x Winter Rescue Remedy Organic 10ml


Organic Blends:



ESSENTIAL OIL	INGREDIENTS	BENEFITS	SUPPORT FOR
 <p>AROMA SNOOZE BLEND ORGANIC 15ml</p>	<p>Organic Sweet Orange Organic Lavender Organic Geranium Organic Palmarosa Organic Bergamot Organic Cedarwood Organic Australian Sandalwood</p>	<p>The Aroma-Snooze blend is specifically designed to target sleep for the whole family.</p>	<p>Sleep Snooze De-Stress</p>
 <p>CHILD CALMING REMEDY ORGANIC 15ml</p>	<p>Organic Sweet Orange Organic Lavender Organic Mandarin Organic Roman Chamomile</p>	<p>Create a calming environment and soothe your little ones. This Certified Organic Blend has been specifically created to use with children in mind.</p>	<p>Comfort Restlessness Peaceful Sleep</p>
 <p>ELEVATE ORGANIC 15ml</p>	<p>Organic Sweet Orange Organic Pink Grapefruit Organic Palmarosa Organic Geranium May Chang</p>	<p>Elevate Blend has a beautiful uplifting aroma and one you will reach for when you know you want a change of mood and need to feel revitalised.</p>	<p>Fatigue Positive Outlook Nervous Tension</p>
 <p>PROTECTION BLEND ORGANIC 15ml</p>	<p>Organic Sweet Orange Organic Clove Bud Organic Cinnamon Bark Organic Lemon Organic Rosemary Organic Eucalyptus</p>	<p>Protects against environmental and seasonal threats and is ideal to use for cleansing and purifying the air. It contains organic oils which are known to eliminate harmful bacteria and viruses.</p>	<p>Cleanse Purify Detoxify</p>
 <p>SENSITIVE CHILD ORGANIC 15ml</p>	<p>Organic Sweet Orange Organic Lavender Organic Non-phototoxic Bergamot Organic Patchouli Organic Vetiver Organic Roman Chamomile</p>	<p>This blend assist little ones with their Anxiety, Behaviour and Nightmares.</p>	<p>Anxiety Behaviour Nightmares</p>
 <p>WINTER RESCUE REMEDY ORGANIC 15ml</p>	<p>Organic Eucalyptus Organic Lavender Organic Tea Tree</p>	<p>The Tea Tree and Eucalyptus Oil help combat the symptoms respiratory congestion, sinus and breathing issues – ie. runny noses and coughs.</p>	<p>Coughs & Colds Asthma Sleep</p>









ESSENTIAL OIL	INGREDIENTS	BENEFITS	SUPPORT FOR
 <p>ABUNDANCE ORGANIC 10ml</p>	<p>West Indian Sandalwood Organic Non-phototoxic Bergamot Olibanum Organic Australian Sandalwood Organic Sweet Orange Patchouli</p>	<p>'Abundance' was created for the purpose of opening you to your full potential and being able to create abundance in all areas of your life!</p>	<p>Creativity Prosperity Fulfillment</p>
 <p>ANXIETY AID ORGANIC 10ml</p>	<p>Organic Eucalyptus Organic Lavender Organic Tea Tree</p>	<p>The Tea Tree and Eucalyptus Oil help combat the symptoms respiratory congestion, sinus and breathing issues – ie. runny noses and coughs.</p>	<p>Coughs & Colds Asthma Sleep</p>
 <p>BEAUTIFUL ORGANIC 10ml</p>	<p>Organic Patchouli Organic Sweet Orange Organic Ylang Ylang Organic Lavender Organic Mandarin</p>	<p>The most beautiful aroma, with a rich exotic lingering aroma The strong Ylang Ylang and Patchouli mixed with the subtle and sweet orange and mandarin.</p>	<p>Healing Radiance Confidence</p>
 <p>BREATHE ORGANIC 10ml</p>	<p>Organic Sweet Orange Organic Lemongrass Organic Rosemary Organic Myrtle Dalmatian Organic Cinnamon</p>	<p>This is ideal for those suffering with asthma, sinus issues or congestion, as well as anyone who would like to clear their airways and improve their general breathing.</p>	<p>Congestion Anti-Bacterial Allergies</p>
 <p>CONFIDENCE ORGANIC 10ml</p>	<p>Organic Sweet Orange Organic Red Mandarin Organic Lemon Organic Lime Organic Pink Grapefruit Oil Organic Peppermint Organic Spearmint</p>	<p>Confidence to be the amazing person you are.</p>	<p>Courage Radiation Determination</p>
 <p>COURAGE ORGANIC 10ml</p>	<p>Organic Sweet Orange Organic Red Mandarin Organic Lemon Organic Lime Organic Pink Grapefruit Organic Peppermint Organic Spearmint</p>	<p>This blend is to empower and support confidence, assurance, and determination.</p>	<p>Confidence Assurance Determination</p>
 <p>FOCUS ORGANIC 10ml</p>	<p>Organic Lemon Organic Rosemary Organic Geranium Organic Peppermint Organic Sage Dalmatian</p>	<p>This oil was created to enhance your wellness on a daily basis and to become part of your everyday routine.</p>	<p>Study Clear Mind Concentration</p>
 <p>GODDESS ORGANIC 10ml</p>	<p>Organic Sweet Orange Oil Organic Non-Phototoxic Bergamot Organic Palmarosa Oil Organic Ylang Ylang Oil Organic Geranium Oil Organic Cedarwood Oil Organic Patchouli Oil Organic Vanilla CO2 Extract Organic Bulgarian Rose Oil</p>	<p>A truly beautiful blend to appeal to the feminine energy within, and bring out your feminine essence.</p>	<p>Femininity Wisdom Strength</p>
 <p>GRATITUDE ORGANIC 10ml</p>	<p>Organic Sweet Orange Organic Palmarosa Organic Ylang Ylang Organic Geranium Organic Cedarwood Organic Cinnamon Organic Clove Organic Jasmine Absolute Organic Bulgarian Rose</p>	<p>Lively Living Gratitude Blend has 9 beautiful Certified Organic essential oils to support you to harness gratitude in your life right now, and attract more of what you would like for the future.</p>	<p>Optimism Thankfulness Emotional Wellbeing</p>
 <p>HAPPINESS ORGANIC 10ml</p>	<p>Organic Sweet Orange Organic Pink Grapefruit Organic Lemon Organic Lime Organic Lemongrass Organic Lemon Myrtle Organic Vanilla CO2 Extract</p>	<p>Our Happiness blend is sure to add happiness and joy to your day. The fresh and uplifting scent of Lemon Myrtle aids happiness and enthusiasm.</p>	<p>Uplifting Inspiring Soothing</p>
 <p>HARMONY ORGANIC 10ml</p>	<p>Organic Sweet Orange Organic Cedarwood Organic Bergamot Organic Geranium</p>	<p>Assists one to feel at ease, comfortable and centred. May help to reduce anxiety, and instil positivity.</p>	<p>Balance Emotional Stability Unity</p>
 <p>HEAD SOOTHE ORGANIC 10ml</p>	<p>Organic Sweet Orange Organic Lavender Organic Rosemary Organic Peppermint Organic Lemon Organic Marjoram Organic Basil Organic Wintergreen</p>	<p>Directly targets headache and migraine pain and reduces the impacts of inflammation. It is the perfect combination to bring welcome relief.</p>	<p>Aches Tension Mental Clarity</p>
 <p>HUSH LITTLE BABY ORGANIC 10ml</p>	<p>Organic Lavender Organic Sweet Orange Organic Mandarin Australian Sandalwood Organic Chamomile</p>	<p>The Mother & Child Collection was created for this special chapter in life, to provide ease, enjoyment & wellness to both, Mother & Child.</p>	<p>Restfulness Distress Peace</p>

ESSENTIAL OIL	INGREDIENTS	BENEFITS	SUPPORT FOR
 IMMUNE BOOST ORGANIC 10ml	Organic Peppermint Organic Tea Tree Organic Lemon Organic Laurel Leaf	When you and your family are seeking focused support in areas that matter most.	Cleanse Purify Immune System
 INTUITION ORGANIC 10ml	Organic Mandarin Organic Ylang Ylang Organic Patchouli Organic Cardamom Organic Sandalwood Oil Organic Jasmine Absolute	This blend will help you find your own answers guided by your Intuition to bring more 'magic' into your life!	Awareness Knowingness Guidance
 JOY ORGANIC 10ml	Organic Sweet Orange Organic Lime Organic Frankincense Organic Non-phototoxic Bergamot Organic Ylang Ylang Organic Bay Oil	When you and your family are seeking focused support in areas that matter most.	Happiness Peace Optimism
 MEDITATION ORGANIC 10ml	Organic Sweet Orange Organic Patchouli Organic Geranium Organic Non-phototoxic Bergamot Organic Mandarin	This blend is perfect to diffuse while in practice or simply to relax and clear your mind of stress and worries in everyday life.	Clarity Tranquility Patience
 NURTURE ORGANIC 10ml	Organic Sweet Orange Organic Patchouli Organic Geranium Organic Lavender	The Mother & Child Collection was created for this special chapter in life, to provide ease, enjoyment & wellness to both, Mother & Child.	Self Care Connection Enjoyment
 PREGNANCY CALM ORGANIC 10ml	Organic Sweet Orange Organic Lavender Organic Lemon Organic Non-Phototoxic Bergamot Organic Geranium Organic Ylang Ylang Organic Neroli	Many of our essential oils are safe to use whilst pregnant however we created this blend as your go-to blend during this special period.	Transition Balance Emotional Stability
 POSITIVITY ORGANIC 10ml	Organic Sweet Orange Organic Lavender Organic Lemon Organic Non-Phototoxic Bergamot Organic Geranium Organic Ylang Ylang Organic Neroli	When you and your family are seeking focused support in areas that matter most.	Clarity Certainty Positive Outlook
 RELAXATION ORGANIC 10ml	Organic Lavender Organic Cedarwood Organic Palmarosa Organic Geranium Organic Non-phototoxic Bergamot Organic Roman Chamomile	To help unwind, relax, and de-stress. A beautiful soft and gentle aroma, which nurtures the senses.	Stress Peaceful Sleep Anxiety
 ROMANCE ORGANIC 10ml	Organic Sweet Orange Organic Lavender Organic Patchouli Organic Ylang Ylang Organic Mandarin	A beautiful blend, which is perfect to use to create your own 'spa' experience. It is well loved for its sweet and beautiful aroma.	Love Positivity Connection
 SANCTUARY ORGANIC 10ml	Organic Sweet Orange Organic Geranium Organic Patchouli Organic Ylang Ylang Peru Balsam Australian Sandalwood	The Mind, Body & Soul Collection was created for those seeking a deeper level of connection to their soul, mind and body.	Comfort Peace Tranquility
 SEASONAL RELIEF ORGANIC 10ml	Organic Lemon Organic Peppermint Organic Lime Organic Sweet Basil Organic Cypress Organic Rosalina Organic Lavender	A soothing blend of 100% Certified Organic essential oils traditionally used in aromatherapy to relieve symptoms associated with hay fever and seasonal allergies such as respiratory congestion, nasal secretions, and head tension	Runny Nose Congestion Sneezing Hay fever
 SLEEP ORGANIC 10ml	Organic Mandarin Organic Lavender Organic Sweet Orange Organic Geranium Organic Ylang Ylang	This blend will help support insomnia, stress and restlessness, though to help you get to sleep faster, and to have a deeper more quality sleep too!	Insomnia Stress Restlessness
 SNIFFLES AND COUGH ORGANIC 10ml	Organic Sweet Orange Organic Olibanum Organic Thyme Linalool Type Organic Virginian	This is a truly purposeful blend to help you and your loved ones clear those sniffles, coughs and congestion, and have a dream sleep too!	Soothing Coughs Colds Congestion

ESSENTIAL OIL	INGREDIENTS	BENEFITS	SUPPORT FOR
 STRESS RELEASE ORGANIC 10ml	Organic Sweet Orange Organic Lavender Organic Mandarin Organic Ylang Ylang Organic Patchouli Organic Non-Phototoxic Bergamot	This is a truly purposeful blend to help you and your loved ones clear those sniffles, coughs and congestion, and have a dream sleep too!	Soothing Coughs Colds Congestion
 VITALITY ORGANIC 10ml	Organic Lemongrass Organic Cinnamon Leaf Organic Lemon Organic Lime Organic Cinnamon Bark Organic Rosemary Organic Patchouli	Assists one to feel uplifted, energized, and rejuvenated. Offers a zesty aroma, which is uplifting to the spirit.	Energy Revitalise Pick Me Up
 WOMEN'S BLEND ORGANIC 10ml	Organic Sweet Orange Organic Lavender Organic Lemon Organic Non-Phototoxic Bergamot Organic Geranium Organic Ylang Ylang Organic Neroli	Created for this special chapter in life, to provide ease, enjoyment & wellness to both Mother & Child	Transition Balance Emotional Stability

Single Note Essential Oils:








 BERGAMOT 10ml	100% Pure Essential Oil	We have sourced our Bergamot from the finest crops to provide the best calming and restorative properties for your health.	Rejuvenating to the spirit, Calming to the mind
 CLARY SAGE 10ml	100% Pure Essential Oil Derived from the leaves and flowering tops of Salvia Scaerea	A popular essential oil for supporting women through all stages of their reproductive cycle; Menstruation, Childbirth & Menopause.	Women Balancing Restful
 CLOVE 10ml	100% Pure Essential Oil Eugenia Caryophyllata	The warm and spicy notes can restore a sense of mental clarity Strong antibacterial, anti-fungal and antiviral properties.	Purification, Cleaning, Soothing
 LAVENDER ORGANIC 10ml	100% Certified Organic Essential Oil Derived from Lavandula angustifolia	The fresh floral scent A versatile essential oil, suited for all ages	Relaxation, Sleep anxiety
 FRANKINCENSE ORGANIC 10ml	100% Certified Organic Essential Oil	This powerful essential oil promotes feelings of peace and overall wellness Calming and comforting to help overcome stress and anxiety Ideal for meditation as it helps clear and still the mind	Cellular Health, Calming, Skin Rejuvenation
 GERANIUM ORGANIC 10ml	100% Certified Organic Essential Oil Derived from the Flower of the Pelargonium graveolens	Assists recovering from feelings of anxiety, depression & fatigue Assists with symptoms of Menopause Calming & Uplifting Scent	Calming & Uplifting Scent, Sweet Floral.
 GRAPEFRUIT 10ml	100% Pure Essential Oil	<ul style="list-style-type: none"> Assists recovering from feelings of anxiety, depression & fatigue Assists with symptoms of Menopause Calming & Uplifting Scent 	Anxiety Emotions Hormones
 KUNZEA 10ml	100% Pure Essential Oil Kunzea Essential Oil is particularly helpful when incorporated into massage for muscular and arthritic pain.	Known to support the balancing of several chakras in the body energy system, kunzea may encourage positivity and self healing.	Joint Pain, General Wellbeing, Clarity, Spirituality
 LEMON ORGANIC 15ml	100% Certified Organic Essential Oil Derived from Rinds/peel of Citrus limon	<ul style="list-style-type: none"> Promotes an uplifting environment Creates a positive mood Contains purifying properties Aids in digestion and supports respiratory function 	Refreshing Purifying Energy

ESSENTIAL OIL	INGREDIENTS	BENEFITS	SUPPORT FOR
 LEMONGRASS ORGANIC 10ml	100% Certified Organic Essential Oil Derived from Cymbopogon flexuosus	Focus, assists mental fatigue, positive outlook, great mood elevator	Cleansing Rejuvenating Refreshing
 LIME 10ml	100% Pure Essential Oil Derived from Citrus Aurantifolia	Uplifting, joyous and may help dispel mild anxiety. Assist with common colds and sore throats	Uplifting, Cleansing, Balance
 MANDARIN 10ml	100% Pure Essential Oil Mandarin Essential Oil, is considered the sweetest of all the citrus oils.	Traditionally used in aromatherapy to maintain healthy digestive function, relief from nervous tension, and release stress & mild anxiety.	Calming, Soothing, Relaxing
 ORANGE ORGANIC 10ml	100% Certified Organic Essential Oil	Sweet Orange organic essential oil has a delicious fruity aroma is cold pressed from the peel and mixes well with most other oils,	Uplifting, Calming, Soothing
 PATCHOULI 10ml	100% Pure Essential Oil Patchouli has a spicy, woody, musky aroma, it adds a grounding earthy base note to any blend.	Great for minimising the effects of stress. It naturally promotes regrowth of skin cells, keeping the skin healthy and youthful looking.	Emotions, Complexion, Grounding
 PEPPERMINT 10ml	100% Certified Organic Essential Oil Fresh, clean & minty aroma.	Assist respiratory function Clear your mind & enliven your senses Promote feelings of energy and upliftment	Ache Focus Clearing
 ROSEMARY 10ml	100% Certified Organic Essential Oil Derived from the Flower & Leaf of the Rosmarinus officinalis plant	<ul style="list-style-type: none"> • Known to assist with memory retention and study • Known to reduce nervous tension and fatigue • Helps support healthy 	Mental Clarity Immune Boost Skin & Hair Health
 SPEARMINT 10ml	100% Pure Essential Oil Derived from Mentha Spicatum	Spearmints uplifting aroma makes it ideal to diffuse to create a positive environment. Cleanses the mouth and promotes fresh breath	Cleansing, Energising, Focus
 YLANG YLANG 10ml	100% Pure Essential Oil Derived from Cananga Odorata	Valuable in helping reduce mood swings and for supporting women's emotional and physical health. Lessen tension and stress and to promote a positive outlook.	Self Confidence, Moods & emotions, and sensuality
 LEMON EUCALYPTUS 10ml	100% Pure Essential Oil Strong, fresh lemon, floral scent with notes of citronella and eucalyptus.	<ul style="list-style-type: none"> • Improves respiratory health • Great for cleaning • Makes a great insect repellent • Stimulates Circulation • Powerful antiseptic 	Cleanse Healing Clarity
 FRANKINCENSE (BOSWELLIA CARTERII) 15ml	100% Pure Essential Oil Derived from the Resin of Boswellia Carterii plant	<ul style="list-style-type: none"> • Calming and comforting to help overcome stress and anxiety • Ideal for meditation as it helps clear and still the mind • High in alpha-pinene, and other monoterpenes, making it a great immune support. 	-
 FRANKINCENSE ORGANIC (BOSWELLIA SERRATA) 15ml	100% Certified Organic Essential Oil Derived from the Resin of Boswellia serrata plant	<ul style="list-style-type: none"> • Calming and comforting to help overcome stress and anxiety • Immune booster • Assist to alleviating skin imperfections such as sun spots, scars 	Cellular Health Skin Rejuvenation Anxiety
 GERANIUM ORGANIC 15ml	100% Certified Organic Essential Oil Derived from the Leaves and flowers of the pelargonium graveolens plant	<ul style="list-style-type: none"> • Assists recovering from feelings of anxiety, depression & fatigue • Assists with symptoms of Menopause • Calming & Uplifting Scent 	Anxiety Emotions Hormones

ESSENTIAL OIL	INGREDIENTS	BENEFITS	SUPPORT FOR
 LAVENDER ORGANIC 15ml	100% Certified Organic Essential Oil Derived from the Flower of Lavandula angustifolia	<ul style="list-style-type: none"> Known to reduce sad and anxious emotions Promotes calm and restful sleep Creates a calming and soothing environment 	Sleep Relaxation Stress & Anxiety
 LEMON ORGANIC 15ml	100% Certified Organic Essential Oil Derived from the Rinds/peel of Citrus limon	<ul style="list-style-type: none"> Promotes an uplifting environment Creates a positive mood Contains purifying properties Aids in digestion and supports respiratory function 	Refreshing Detoxifying Energy Boost
 LEMONGRASS ORGANIC 15ml	100% Certified Organic Essential Oil Derived from Leaf of the Cymbopogon flexuosus plant	<ul style="list-style-type: none"> Promotes clarity and focus, assists mental fatigue Creates a positive outlook, great mood elevator Assists to relieve muscle, joint pains & headaches 	Cleansing Rejuvenating Pain Relief
 ORANGE ORGANIC 15ml	100% Certified Organic Essential Oil Derived from the Skin of Sweet – Citrus sinensis	<ul style="list-style-type: none"> An all round favourite! Refreshing and uplifting Helps clear congested skin Boosts general wellbeing 	Mood Boost Calming Anti-Inflammatory
 PEPPERMINT ORGANIC 15ml	100% Certified Organic Essential Oil Derived from The whole plant of the Arvensis – Mentha arvensis	<ul style="list-style-type: none"> Assist respiratory function Clear your mind and eliven your senses Promote feelings of energy and upliftment 	Headaches Focus Respiratory
 ROSEMARY ORGANIC 15ml	100% Certified Organic Essential Oil Derived from the Flower & Leaf of the Rosmarinus officinalis plant	<ul style="list-style-type: none"> Known to assist with memory retention and study Known to reduce nervous tension and fatigue Helps support healthy respiratory and organ function 	Mental Clarity Immune Boost Skin & Hair Health
 TEA TREE ORGANIC 15ml	100% Certified Organic Essential Oil Organic Melaleuca Alternifolia Leaf Oil	<ul style="list-style-type: none"> Great for cleaning Powerful antiseptic 	Fights Infections All Purpose Antiseptic Cleansing
 VETIVER ORGANIC 15ml	100% Certified Organic Essential Oil Vetiver is a member of the grass family and has a strong rich, exotic & earthy aroma.	<ul style="list-style-type: none"> It is known to be very grounding, calming and stabilising to the emotions. It's used in our Sensitive Child Blend 	Grounding, calming and stabilising

Roll On Blends:

 BEAUTIFUL ORGANIC 10ml Roll-On	Organic Sunflower Oil Organic Patchouli Oil Organic Sweet Orange Oil Organic Yang Yang Oil Organic Lavender Oil Organic Mandarin Oil Organic Sweet Almond Oil Organic Jojoba Oil Natural Vitamin E	Roll-on this beautiful blend to bring out the best in you!	Healing Confidence Radiance
 BREATHE ORGANIC 10ml Roll-On	Organic Sunflower Oil Organic Eucalyptus Oil Organic Sweet Orange Oil Organic Lemongrass Oil Organic Rosemary Oil Organic Myrtle Oil Organic Cinnamon Oil Organic Sweet Almond Oil Organic Jojoba Oil Natural Vitamin E	Roll-on to reduce congestion, coughs & to breathe easy.	Congestion Allergies Asthma
 ELEVATE ORGANIC 10ml Roll-On	Organic Sunflower Oil Organic Sweet Orange Oil Organic Pink Grapefruit Oil Organic Palmarosa Oil Organic Geranium Oil May Chang Oil Organic Sweet Almond Oil Organic Jojoba Oil Natural Vitamin E	A pick me up to relieve fatigue & encourage a positive outlook	Fatigue Positive Outlook Nervous Tension
 SNOOZE ORGANIC 10ml Roll-On	Organic Sunflower Oil Organic Sweet Orange Oil Organic Lavender Oil Organic Geranium Oil Organic Bergamot Oil Organic Palmarosa Oil Organic Cedarwood Oil Organic Sweet Almond Oil Organic Jojoba Oil Natural Vitamin E Organic Australian Sandalwood Oil	Relaxes, calms and provides mental clarity.	Sleep Soothe De Stress
 STRESS ORGANIC 10ml Roll-On	Organic Sunflower Oil Organic Sweet Orange Oil Organic Lavender Oil Organic Mandarin Oil Organic Yang Yang Oil Organic Patchouli Oil Organic Bergamot Oil Organic Sweet Almond Oil Organic Jojoba Oil Natural Vitamin E	A convenient way to ease stress and anxiety, calm your mind and experience a sense of peace.	Worries Distress Anxiousness